



# Twelve Bridges High School Raging Rhino Football 2021

Rhino Football Supporters,

## Overview

The Raging Rhino Football Team will be participating in our first annual Lift-A-Thon fundraiser on Monday, June 28th at 5:30pm in the 12B Weight Room. This is one of our two major fundraisers that we do to help offset the costs of running a quality program. The players have done a tremendous job thus far during the off-season and their hard work is what will make this fundraiser a success. On the night of June 28th, the Freshman and Junior Varsity players will be performing a “1-Rep Max.” They will both **Bench Press**. This will be our first baseline test as we begin our summer football season.

## Program Incentive

To run a quality football program is a massive undertaking. Most people are not aware that we do not receive money from the gate of our own football games. The money from the football games is used to help run other athletic programs and events. Therefore, we are completely self-sufficient and need to fundraise to provide our players with the safest equipment possible as well as equip our coaches with the necessary tools and equipment to educate and turn our athletes into the best players possible.

**Each Freshman and Junior Varsity member is expected to raise \$350.00.** The following is a list of equipment we will be able to purchase through the funds raised by this Lift-A-Thon:

- ★ Sideline Power End Zone Camera (for filming practice and games) - \$7,000.00
- ★ Jugs Machine (football passing machine) - \$4,000.00
- ★ CoachComm Headsets - \$6,000.00

## Basic Instructions

The Lift-A-Thon is designed to help players raise money by requesting help from families and friends. It is very similar to the “jog-a-thon” that many younger students participate in during their elementary school years. Family and friends sponsor their player of choice to lift as much weight as possible during a 1-rep max bench press. Now, instead of a player having to give a lump sum from their immediate family, players earn their program donation by displaying their hard work in the weight room and receiving help from a variety of supporters.

# RAGING RHINO FOOTBALL

2360 Fieldstone Dr., Lincoln, CA 95648

# LIFT-A-THON PLEDGE SHEET

The **Twelve Bridges High School Football Team** is hosting a Lift-A-Thon fundraiser. The players have done a tremendous job this off-season and their hard work and sacrifice is what will make this fundraiser a success. ALL proceeds will go directly to the football program at TBHS.

Each player will lift a "1-Rep Max" (Frosh / JV - Bench Press) on June 28th at 5:30pm

You may pledge an amount per pound based on his **Total Pounds Lifted (Max)**. \$.05 / \$.10 / \$.25

OR you may give a flat donation \$5, \$10, \$20, etc...

We are asking each player to set a pledge goal of **\$350 for Frosh and JV**

Please make checks payable to **Twelve Bridges High School Football or TBHS Football**

**Player Name:** \_\_\_\_\_

	Name	Phone #	Contribution Flat or Per Pound?	Cash / CK #	Total Amount	Received
	Jane Doe	(916) 555-1515	Flat	#123	\$50.00	Yes
1						
2						
3						
4						
5						
6						
7						
8						
9						
10						
11						
12						
13						
14						
15						
16						
17						
18						
19						

\_\_\_\_\_ **Total Pounds Lifted:** \_\_\_\_\_ **Total \$ Earned** \_\_\_\_\_

**TBHS Raging Rhino Football Lift-A-Thon Fundraiser Tax Receipt**

The football players and coaches at Twelve Bridges High School would like to express our sincere appreciation to \_\_\_\_\_ for your tax deductible donation of \$\_\_\_\_\_ to our football program. We value your support and would like to invite you to our Lift-A-Thon on Monday, June 28th @ 5:30pm in the Weight Room.

Sincerely yours,  
Chris Bean  
Head Coach

Tax ID= 68-0017303

**TBHS Raging Rhino Football Lift-A-Thon Fundraiser Tax Receipt**

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